

Transforming Your Anger and Conflict



Does unresolved conflict or anger cause you problems at home or at work? If so, this skills group may be for you.

This **weekly, eight-session group** will provide practical information about the nature and styles of anger and conflict, as well as healthy strategies for responding to anger-triggering situations and resolving conflict effectively.

April 29 – June 17, 2014*

Meets Weekly: Tuesdays from 12:00pm – 1:00pm

**Faculty Staff Assistance Program
The Emory Wellness Center
1762 Clifton Road, Suite 1100
Conference Room**

**** All prospective participants must contact FSAP at 404-727-4328 by Friday, April 18, to schedule a screening appointment prior to joining the group. Open to all Emory University and Emory Healthcare employees.***

